

Orma C. Smith, LPC, SCL

Therapist, Author, Educator

Orma is a powerful force for healing and change.

Orma's core belief is that everyone is gifted, and her life's purpose is to help as many people as possible realize their "raison d'être"- reason for being. Her personal motto is "Be Light" and she desires to bring joy, peace, and enlightenment into the lives of all who cross her path.

- Licensed Professional Counselor
- School Counselor Consultant
- Writer
- Speaker
- Minister
- Intercessor



Topics include:

- Stress Management
- Emotional Self-Regulation
- Self-Care
- Healthy Relationship Boundaries
- Spirituality and Mental/Emotional Health
- College Access and Success

Author of:

JUMP (Just Understand My Perspective): Addressing Situations That Drive People to The Edge

“Not only is Orma an expert in this work with vast experience working with students and families, as well as direct service providers, she is also an absolute delight to be around.”- Jamie Jacobs, Michigan College Access network

“For me, in terms of counselors, Orma is the standard!” -Vanita Sanders, Youth Vision Runners

“Orma's warmth, empathy, kindness, and non-judgmental approach enable her to meet people where they are and guide them to efficient and healthy solutions.” – LaShel Conway, Author and Educator

“I met Orma for the first time as a special guest speaker at an event centered around self-care. Her presentation was incredibly thoughtful, relatable, and most importantly effective. Our guests left that day as better, more inspired people and I attribute that to Orma and her gentle yet fun personality.” - Monica Sholar, Founder of Remembering Cherubs

Current/Past Clients Include:

- *National College Attainment Network
- *Michigan College Access Network
- *I Know I Can/Columbus City Schools
- *Achieve Minneapolis/Minneapolis Public Schools
- *Detroit Edison Public School Academy
- *Cesar Chavez Academy Middle School

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